### Scale 1
1 – Not at all/none (0 times in the last 3 months)  
2 – Rarely (1-2 times in the last 3 months)  
3 – Occasionally (About once a month)  
4 – Often (More than once a month)  
5 – Very frequently (More than once a week)  

1 – Strongly Disagree  
2 – Disagree  
3 – Neutral  
4 – Agree  
5 – Strongly Agree

### Scale 2
1 – Strongly Disagree  
2 – Somewhat Disagree  
3 – Neutral  
4 – Somewhat Agree  
5 – Strongly Agree

### Scale 3
1 – Excellent  
2 – Very Good  
3 – Good  
4 – Fair  
5 – Poor  

1 – Completely  
2 – Mostly  
3 – Moderately  
4 – A little  
5 – Not at all  

1 – Never  
2 – Rarely  
3 – Sometimes  
4 – Often  
5 – Always  

1 – None  
2 – Mild  
3 – Moderate  
4 – Severe  
5 – Very Severe

### Scale 4
1 – Yes, limited a lot  
2 – Yes, limited a little  
3 – No, not limited at all  

1 – not at all  
2 – A little bit  
3 – Moderately  
4 – Quite a bit  
5 - Extremely

1 – All of the time  
2 – Most of the time  
3 – A good bit of the time  
4 – Some of the time  
5 – A little of the time  
6 – None of the time

1 – All of the time  
2 – Most of the time  
3 – Some of the time  
4 – A little of the time  
5 – None of the time
Scale 5

0  1   2   N/A
No more   A little more   A lot more   Does not apply

Scale 6

1. Independent; no aid
2. Independent; use aid to assist
3. Independent but not as well as ever; now use aid to assist
4. Independent but not as well as ever; no aid
5. Sometimes need help
6. Usually need help
7. Always need help
8. Not able to complete activity anymore
9. Do not need to complete activity

Scale 7

<table>
<thead>
<tr>
<th>1 – Not at all/None</th>
<th>1 – Always</th>
<th>1 – More than 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 – Somewhat</td>
<td>2 – Sometimes</td>
<td>2 – 3-5</td>
</tr>
<tr>
<td>3 – Quite a bit</td>
<td>3 – Occasionally</td>
<td>3 – 1-2</td>
</tr>
<tr>
<td>4 – Very Much</td>
<td>4 – Rarely</td>
<td>4 – No one</td>
</tr>
<tr>
<td></td>
<td>5 – N/A</td>
<td></td>
</tr>
</tbody>
</table>

Scale 8

<table>
<thead>
<tr>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dissatisfied</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Extremely Satisfied</td>
</tr>
</tbody>
</table>

Scale 9

1 – Not at all satisfied
2 – Somewhat dissatisfied
3 – Neutral
4 – Somewhat satisfied
5 – Very satisfied